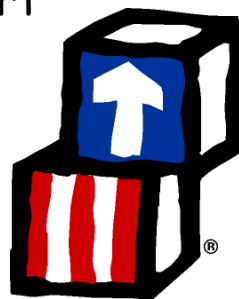




Family Newsletter



June 2021

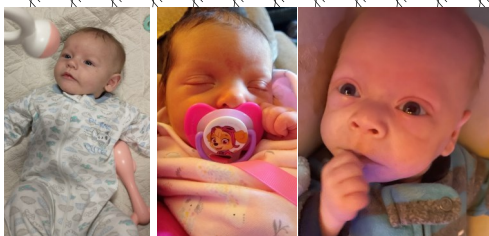
Important Dates

June 18: Policy Council Meeting
12:00pm, Moxham Lutheran Church.

June Birthdays:

Lila B.	6/12
J'Syre Odum	6/13
Annabella M.	6/18
Cindy (Director)	6/18
Sophia J.	6/20
Sophia J.	6/21
Autumn C.	6/24
Amber T.	6/25
Jesse C.	6/30

HAPPY BIRTHDAY

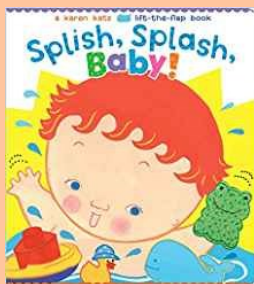


T.J. Janelyn Oliver

Book of the Month
Splish, Splash, Baby!
(Karen Katz lift the flap books) Board Book

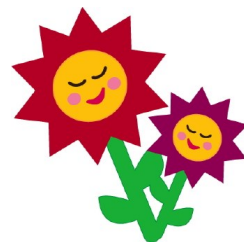
Splish, splash!
It's time for
baby's bath in
this interactive
Karen Katz
lift-the-flap
board book
that's all about
fun in the tub!

You can find it on
www.amazon.com for \$6.99!



Activities for you and your toddler

- **Encourage fine motor development.** Provide your toddler with fat crayons or non-toxic, washable markers, and let him scribble on paper. This will get him interested in and give him practice drawing, coloring, and writing.
- **Spend time outside.** Your toddler will want to run and climb, and the outdoors is a great place for her to do this. Help her climb and play on an age appropriate playground structure. You can also engage your child outdoors by playing with a ball, or introducing her to a bicycle or riding toy that is safe and appropriate for her age and size.
- **Use rhythm and rhyme.** A great way to stimulate your toddler's language development is with rhythmic rhymes. Sit with him on your knees facing you and recite simple rhymes. Don't worry, if you don't know any, you can make them up as you go along! You can also listen to music and hold his hands and dance.
- **Toys and games.** At this age, there are many things your toddler can play with. She will like blocks and toys that can be stacked. She may also like push, pull, and riding toys, such as a miniature stroller or cars and trains. You can also engage her with simple puzzles. She may also like to 'help' you with what you are doing; for example, if you are cooking, give her some pots and pans to play with.
- **Read to your child.** Reading to your child is one of the best gifts you can give him. Pick simple sturdy books with bright pictures and let him help turn the pages while you read the words on each page. Wordless books are also great, and you can make up your own story.



Dixon



Bridget & Acadia

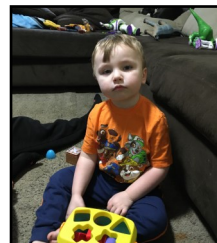


Acadia & Brandon

Come have
some fun
with us!



Journey



Colson



Gracelynn



PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

PLAY DOUGH AND NOODLE FINE MOTOR ACTIVITY

Gather supplies. You will need playdough of assorted colors, uncooked spaghetti noodles and fruit loops cereal. Help your child roll playdough into balls. They can poke uncooked spaghetti noodles into playdough balls. This is a wonderful activity to support fine motor skills. Help your child lace cereal onto noodles. This is also a great way to support fine motor development. If your child is ready, encourage them to match color of cereal to color of play dough ball. They can also use this time to practice counting as they count the amount of cereal placed on each noodle. Thank you to Sophia J. & Sabreena W. for their help with this activity!



We are excited to announce we are going back to in-person home visits! Please mask as needed.

Veggie Song

Sung to: "Twinkle,
Twinkle Little Star"

Carrots, Peas, and Broccoli,
Vegetables are good for me.
For my snack and in my
lunch,
Veggie sticks are great to
munch. Carrots, Peas, and
Broccoli, Vegetables are
good for me.

Make Animal Puppets

Create puppets from small paper bags.

You will need: small paper lunch bags, glue, scraps of colored paper, markers and scissors.

Fold the corners of the bottom of the paper bag under to create your puppet's head. A more pointy head works better to make mice or cats. Cut out ears, eyes, noses, tongues, paws, tiny claws from the colored paper and glue to the paper bags. With markers, draw on any mouths, whiskers, spots or other features you would like your puppet to have. Here are some examples, from www.enchantedlearning.com

