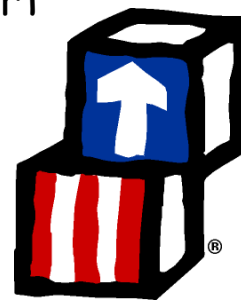




Family Newsletter



December, 2020

Important Dates

December 4: EHS Policy Council Zoom Meeting 12:00

December 24 & 25: Office Closed



DECEMBER BIRTHDAYS

Ezekiel W.	12/1
Angel M. (Mom)	12/2
Aaleyah E.	12/3
Kynzlee Z.	12/5
Colson S.	12/6
Areya & Ariya M.	12/6
Azalea P.	12/9
Ryann J.	12/14
Kelly M. (PE)	12/28
Kyla S.	12/31

Strawberry Santas

Ingredients

- 1 lb strawberries
- 1 8oz cream cheese
- 3-4 tablespoons powdered sugar
- 1 teaspoon vanilla



Directions

1. Cut the strawberries so they can stand up on a plate. Slice the tip off each strawberry to make the 'hat'
2. Beat cream cheese, sugar and vanilla in a bowl until creamy.
3. Spoon a large dollop of whipped cream on top of strawberry base for the 'face' and 'beard'. Set the 'hat' atop the 'face'. Add a dot of whipped cream, using a toothpick, on top of the 'hat' for the 'pom-pom' and 2 dots for 'buttons'. Use sprinkles for 'eyes'.

Dear Families and Friends,

As we come to the close of 2020, I want to take a moment to say thank you to everyone involved with the Early Head Start Program. Many thanks go out to our amazing staff, wonderful families, and supportive volunteers, including the **Policy Council** and **Board of Directors**. Our program is filled with love and support from an amazing community. This year has proven to be a good one for all of us in spite of the pandemic. It is because of the dedication of everyone involved that we have prospered and have been able to offer many exciting opportunities for families. I would especially like to thank **Moxham Lutheran Church**, for their generosity over the last year and continued dedication and support. I am confident we will continue to grow and provide services that highlight the wonderful work that Early Head Start offers.

Sincerely, Cynthia Fetcko, EHS Director

THANK YOU

Some of our Early Head Start Friends!



We are looking for new parents to join our Policy Council. It is a great way to have your voice heard in the program and get involved with your child's learning. Voting will take place in January for our new council. Talk to your Parent Educator today!

NIGHT BEFORE CHRISTMAS

By **Mike Berenstain** Mama, Papa, Sister, Brother, and Honey Bear are back in this heartwarming retelling of Clement Clarke Moore's classic Christmas tale. It is the night before Christmas, and all through the tree house. Berenstain Bears are ready to celebrate! With more than three hundred and seventy-five books published over the past fifty years, the Berenstain Bears continue to be loved by generation after generation of young readers. Available on Amazon \$99.

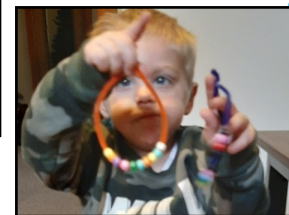


PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

Beaded Decorations

For a fun and easy craft project, gather a handful of colored beads and pipe cleaners. Help your child lace the beads onto the pipe cleaner. This is a great way to practice fine motor skills. You can also work on concepts of counting, color and pattern making during this time. When pipe cleaner is full, you can help your child twist into whatever shape you like. This makes a great bracelet or decoration for the tree.

Thanks to Anthony B. and his mom, Ashley for help with this activity!



Sugar Cookie Recipe bake— 400° 6-8 minutes

Ingredients

- 1 ½ cups butter, softened
- 2 cups white sugar
- 4 eggs
- 1 teaspoon vanilla extract
- 5 cups all-purpose flour
- 2 teaspoon baking powder
- 1 teaspoon salt

Directions

1. In a large bowl, cream together butter and sugar until smooth. Beat in eggs and vanilla. Stir in the flour, baking powder, and salt. Cover, and chill dough for at least one hour.
2. Roll out dough on floured surface 1/4 to 1/2 inch thick. Cut into shapes with any cookie cutter. Place cookies 1 inch apart on ungreased cookie sheets. Bake 6 to 8 minutes in preheated oven.



Craft a Keepsake Reindeer

You will need:

- Brown paper for the reindeer's face
- Yellow or gold paper for the antlers
- White, green or red paper as a base
- Red pompom or small wad of red tissue
- Crayons, markers or google eyes
- Glue or glue sticks

1. Trace around your child's shoe on brown paper and cut it out.
2. Trace your child's hands on the yellow or gold paper and cut them out.
3. Glue the shoe shape on another piece of paper for the face of the reindeer and glue hands onto top.
4. Glue a red pompom or a ball of red tissue as the reindeer's nose, and draw or glue on eyes.



In observance of the holiday season, the EHS office will be closed December 24th, 25th, and January 1, 2021! We wish all our families a safe and happy holidays.

