



# Family Newsletter



February, 2020

## Important Dates

**February 14:** Socialization, 10:00 - 12:00; Policy Council Meeting 12:00; Moxham Lutheran Church, Training

**February 17:** Office Closed, no visits

**February 28:** Socialization, 10:00 - 12:00; Moxham Lutheran Church

## A Birth Certificate is Important

Sometimes it seems like it stays in your lock box or the old shoebox in the closet without use for years. Then, all of a sudden, you need it for everything! Even if you do not find yourself using it very often, it can make sense to go ahead and make sure to keep a couple of certified copies on file, just in case! After all, you may find yourself facing one of these instances where you may need a birth certificate. Courtesy of vitacheck.com

**Registering for School** – Many schools have a birth certificate among the requirements for registration. A birth certificate serves as a proof of identity and age. This assures that the student is actually who he or she says she is and is in the correct class based on age.

**Obtaining a Driver's License** – Most states require a birth certificate to prove identity and age to obtain, and in some cases renew, a driver's license. You may want to talk with someone at the department of driver services, but it never hurts to bring along the certificate as proof.

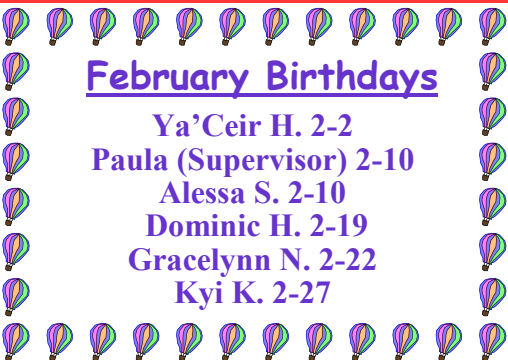
**Marriage** – In some states, the marriage license process may involve proving identity by providing a birth certificate. This only makes sense because the marriage license is a very important document that is used for legal purposes beyond just getting married.

**Signing Up for Sports** – Especially in youth sports, there is often an age requirement. This protects children from accidental injury by older kids. Since it is required, you may have to provide a proof of age, usually in the form of a certified birth certificate.

**Travel** – A birth certificate is one of the requirements for obtaining a passport, of course. However, it is often used in other circumstances too.

**Social Security Card** – If you need a new copy of your social security card, you may be asked to furnish a copy of your birth certificate as well as another proof of identity.

These are just a few of the reasons why you might need a birth certificate for yourself or family members.



## February Birthdays

Ya'Ceir H. 2-2

Paula (Supervisor) 2-10

Alessa S. 2-10

Dominic H. 2-19

Gracelynn N. 2-22

Kyi K. 2-27

## Here's a Little Groundhog

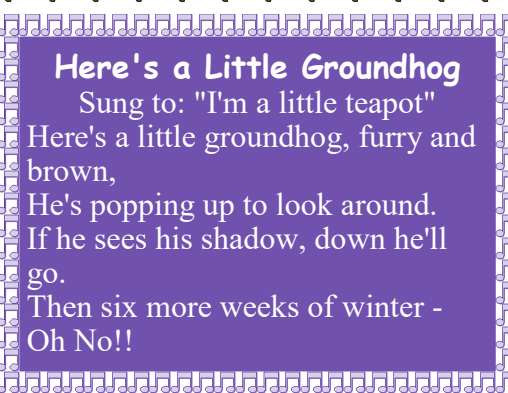
Sung to: "I'm a little teapot"

Here's a little groundhog, furry and brown,

He's popping up to look around.

If he sees his shadow, down he'll go.

Then six more weeks of winter - Oh No!!



## Discovery Baskets

These are simply baskets of items that have a common theme. They provide an opportunity for baby to investigate, and also for conversation about items. They also allow babies to start seeing patterns and categories

(math skills). Make sure items put in your baskets are safe for your child.



**Training for parents: A training by Kelly Moran at Moxham Lutheran Church on February 14 at 11:30 am. \*Book Giveaway\***

## Heart Shaped Pizzas

- ♥ 1 recipe any store bought dough
- ♥ 1-2 teaspoons per pizza Sauce
- ♥ 1 Tablespoon per pizza Mozzarella cheese

Pre-heat oven to 450 degrees.

Roll out pizza dough to desired thickness. Use heart shaped cookie cutters to cut hearts out of the dough. Move each heart to a baking sheet as you cut.

Continue to ball, re-roll and cut hearts out of the dough until it is all used up.

Use the back of a spoon to spread the pizza sauce over the hearts.

Sprinkle the cheese on top of the sauce. Add any other toppings you want.

Bake for 10-15 minutes until the dough is lightly browned on the edges and the cheese melted and bubbly.

Serve immediately. If you have any leftovers, these re-heat great in a toaster oven!



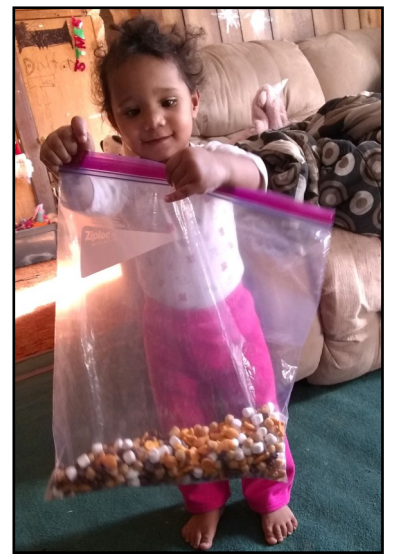


PFCS Early Head Start  
 929 Menoher Blvd.  
 Johnstown, PA 15905

## Snack in a Bag

Gather 3-4 assorted bite sized snacks. We used peanut butter Captain Crunch cereal, mini marshmallows, cheddar cheese goldfish crackers and Nestle Buncha Crunch. Help your child measure one cup of each ingredient and dump into large ziploc bag. Close bag and have your child shake. Enjoy!

Thanks to Hariyah and Diamond for the activity!



## Parent Committee

The EHS Parent Committee is an excellent voice for families enrolled in Early Head Start. Any ideas or concerns are taken to the Policy Council monthly. We would like for you to be involved. Talk to your Parent Educator today! Please come and have your voice heard!



## Early Head Start friends!

Baby's First Valentine Board Book by [Hinkler Books](#)



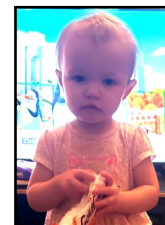
Bold photographs coupled with identifying words will spark object recognition and encourage language skills. Children will be delighted by the excitement Valentine's Day holds in store. Ages newborn-3. Find it on Amazon for \$5.99.



Ayla



Bridget & Acadia



Amber



Chanta, Chloe, & Xzalia