



Family Newsletter



January, 2020

Important Dates

January 17: Socialization, 10:00 - 12:00; Parent Committee Meeting, Policy Council Meeting 12:00; Moxham Lutheran Church.

January 31: Socialization, 10:00 -12:00; Moxham Lutheran Church.

January Birthdays!



Elora S. 1/2
Ayla Spann 1/4
William Leeth 1/8
Lazarus Deloatch 1/12



Winter Fun

- * Play dress up
- * Have a picnic in the living room
- * Build a fort indoors
- * Cooking
- * Dance!
- * Build an indoor obstacle course
- * Have a movie day
- * Visit the library
- * Create an indoor treasure hunt
- * Go to a fast food restaurant play land
- * Bundle up and go for a walk

Fun ideas for you and your children when it is snowing



Ella



Gracelynn



Hunter

"Warming Tree"

The staff of the Early Head Start Program would like to extend a sincere thank you to the congregation of Moxham Lutheran Church who donated gloves, hats, and scarves to the warming tree! All items were distributed to families in the EHS Program.

THANK YOU

Early Head Start Friends!

Rattle Noisemaker



Invite children to make these simple noisemakers for cheering on their favorite sports teams.

1. Place a handful of dried beans, rice, clean fish tank gravel, shiny pennies, or colorful beads inside a clean empty plastic bottle.
2. For safety, glue the lid onto the bottle so that it cannot be removed.
3. Decorate with stripes of colored tape or stickers.

Friendship Salad

Romaine Lettuce
Crumbled Feta Cheese
Craisins
Chopped Almonds- toast in 350 degree oven until lightly brown
*Put all the above ingredients into salad bowl. Use cheese, craisins, and almonds to taste and preference.

Balsamic Vinaigrette

2 cloves garlic 1 T Balsamic Vinegar
1 T Honey ¼ c olive oil
Salt-dash
*Mix and let rest then pour over salad

Enjoy!

Weather-Related Closings

PFCS will close if the weather is too dangerous for driving. Also, as with any other issue, if your parent educator needs to cancel a visit she will contact you. Socialization will be cancelled if the Greater Johnstown School District has a delay or a cancellation. If you are ever unsure of a visit time or a socialization, please call the Early Head Start office at 255-6780.



Salt Dough Keepsake

Ingredients

- 1 box Baking soda
- 1 can shaving cream
- Large bowl for mixing

Directions

Dump a box of baking soda into a large mixing bowl. Add some shaving cream and mix together until the mixture binds. Add more shaving cream until desired texture. Use cups, cookie cutters, or utensils for sensory play!



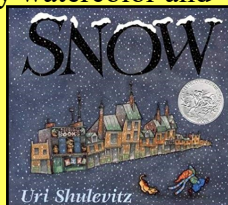
Thanks to Alexis and A'Lah for this activity!



Book of the Month

No one thinks one or two snowflakes will amount to anything. Not the man with the hat or the lady with the umbrella. Not even the television or the radio forecasters. But one boy and his dog have faith that the snow will amount to something spectacular, and when flakes start to swirl down on the city, they are also the only ones who know how to truly enjoy it. Uri Shulevitz' playful depiction of a snowy day and the transformation of a city is perfectly captured in simple, poetic text and lively watercolor and pen-and-ink illustrations.

Buy it on Amazon from \$3.99.



Frosty the Snowman Activity

Materials:

- Toilet Paper Rolls
- Old colored socks– those singles that the match was lost in the wash!
- Decorative ribbon (for scarf)
- Googly eyes
- White paint or marker
- Hot glue and hot glue gun or white glue.



Directions:

1. Paint toilet paper roll white.
2. Allow the paint to dry.
3. Roll sock on top of toilet paper roll.
4. Glue on googly eyes.
5. Draw mouth and nose.
6. Glue ribbon on neck and decorate.

