



Family Newsletter



June 2019

Important Dates

June 7: Socialization, 10:00-12:00, Policy Council Meeting 12:00pm, Moxham Lutheran Church.

June 21: Socialization and Parent Training, 10:00-12:00 Moxham Lutheran Church.

June Birthdays:

Paige B.	6/08
Cataleeya B.	6/11
Lila B.	6/12
Charles Ethan K.	6/13
Cindy (Director)	6/18
Andreesa R.	6/21
Sophia K.	6/24
Tristan H.	6/24
Paislea W.	6/24
Joseph S.	6/28



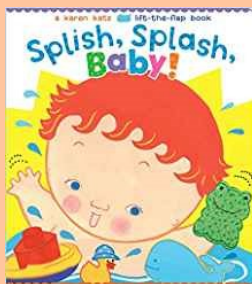
Activities for you and your toddler

- **Encourage fine motor development.** Provide your toddler with fat crayons or non-toxic, washable markers, and let him scribble on paper. This will get him interested in and give him practice drawing, coloring, and writing.
- **Spend time outside.** Your toddler will want to run and climb, and the outdoors is a great place for her to do this. Help her climb and play on an age appropriate playground structure. You can also engage your child outdoors by playing with a ball, or introducing her to a bicycle or riding toy that is safe and appropriate for her age and size.
- **Use rhythm and rhyme.** A great way to stimulate your toddler's language development is with rhythmic rhymes. Sit with him on your knees facing you and recite simple rhymes. Don't worry, if you don't know any, you can make them up as you go along! You can also listen to music and hold his hands and dance.
- **Toys and games.** At this age, there are many things your toddler can play with. She will like blocks and toys that can be stacked. She may also like push, pull, and riding toys, such as a miniature stroller or cars and trains. You can also engage her with simple puzzles. She may also like to 'help' you with what you are doing; for example, if you are cooking, give her some pots and pans to play with.
- **Read to your child.** Reading to your child is one of the best gifts you can give him. Pick simple sturdy books with bright pictures and let him help turn the pages while you read the words on each page. Wordless books are also great, and you can make up your own story.



Book of the Month Splish, Splash, Baby! (Karen Katz lift the flap books) Board Book

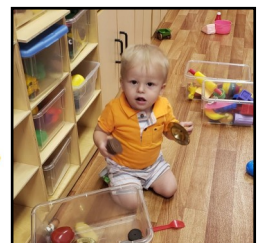
Splish, splash!
It's time for baby's bath in this interactive Karen Katz lift-the-flap board book that's all about fun in the tub!
You can find it on www.amazon.com for \$6.99!



Tandra, Sebastian & Issace



Omarie



Nathaniel S.



Hunter



Cataleeya & Amina



Sebastian

* Come have *
* some fun *
* with us! *



PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

Paper Plate Ice Cream Cone

Materials Needed:

Plain paper plate, brown construction paper, markers, scissors, glue, sprinkles, red pom-pom

Directions:

Draw a scoop of ice cream on paper plate. Color with marker and cut out. Cut a cone shape out of brown construction paper. Glue scoop on cone. Rub glue stick on scoop and sprinkle on some sprinkles. Top with a red pom-pom.



Thanks to Glenda and Paige for this activity.



Join us for a parent training: Summertime Fun & Safety on June 21 at Moxham Lutheran Church

Veggie Song

Sung to: "Twinkle, Twinkle Little Star"

Carrots, Peas, and Broccoli,
Vegetables are good for me.
For my snack and in my lunch,
Veggie sticks are great to munch.
Carrots, Peas, and Broccoli,
Vegetables are good for me.

Make Animal Puppets

Create puppets from small paper bags.

You will need: small paper lunch bags, glue, scraps of colored paper, markers and scissors.

Fold the corners of the bottom of the paper bag under to create your puppet's head. A more pointy head works better to make mice or cats. Cut out ears, eyes, noses, tongues, paws, tiny claws from the colored paper and glue to the paper bags. With markers, draw on any mouths, whiskers, spots or other features you would like your puppet to have. Here are some examples, from www.enchantedlearning.com

