



Family Newsletter



February, 2019

Important Dates

February 1: Socialization, 10:00 - 12:00; Moxham Lutheran Church

February 15: Socialization, 10:00 - 12:00; Policy Council Meeting 12:00; Moxham Lutheran Church

February 18: Office Closed, no visits

A Birth Certificate is Important

As the old Joni Mitchell song goes, "You don't know what you've got 'til it's gone." This is never more true than when it comes to your birth certificate. Sometimes it seems like it stays in your safe deposit box or the old shoebox in the closet without use for years. Then, all of a sudden, you need it for everything! Even if you do not find yourself using it very often, it can make sense to go ahead and make sure to keep a couple of certified copies on file, just in case! After all, you may find yourself facing one of these seven instances where you may need a birth certificate. Courtesy of vitalcheck.com

Registering for School – Many schools have a birth certificate among the requirements for registration. A birth certificate serves as a proof of identity and age. This assures that the student is actually who he or she says she is and is in the correct class based on age.

Obtaining a Driver's License – Most states require a birth certificate to prove identity and age to obtain, and in some cases renew, a driver's license. You may want to talk with someone at the department of driver services first, but it never hurts to bring along the certificate as proof even if it is not required.

Marriage – In some states, the marriage license process may involve proving identity by providing a birth certificate. This only makes sense because the marriage license is a very important document that is used for legal purposes beyond just getting married.

Signing Up for Sports – Especially in youth sports, there is often an age requirement. This protects children from accidental injury by older kids. Since it is required, you may have to provide a proof of age, usually in the form of a certified birth certificate.

Travel – A birth certificate is one of the requirements for obtaining a passport, of course. However, it is often used in other circumstances too. Many cruise lines require that passengers provide a birth certificate upon boarding, especially when a passport may not be required, so they can prove identity.

Social Security Card – If you need a new copy of your social security card, you may be asked to furnish a copy of your birth certificate as well as another proof of identity.

General Identification – You never know when you may need to provide additional proof of identity for a job, bank related issue or to obtain a mortgage. While you won't be asked to furnish your certificate on a daily basis, it may surprise you how often it is required.

These are just a few of the reasons why you might need a birth certificate for yourself or family members. Just remember, make sure you have a certified copy that will meet your needs. In most cases, documents needed for official use will need to be a government authorized certified copy. Do some research and avoid a hassle at a very inopportune time!

February Birthdays

Raine G. 2-1

William Y. 2-3

Omarie B. 2-9

Paula (Supervisor) 2-10

Alessa S. 2-10

Gracelynn N. 2-21

Carson U. 2-25

Addison J. 2-26

Kyi K. 2-27

Yadriel R. 2-28

Here's a Little Groundhog

Sung to: "I'm a little teapot"

Here's a little groundhog, furry and brown,

He's popping up to look around.

If he sees his shadow, down he'll go.

Then six more weeks of winter - Oh No!!

Discovery Baskets

These are simply baskets of items that have a common theme. They provide an opportunity for baby to investigate, and also for conversation about items. They also allow babies to start seeing patterns and categories (math skills). Make sure items put in your baskets are safe for your child.



Training for parents: A training by Kelly Moran at Moxham Lutheran Church on February 15 at 11:30 am.

Heart Shaped Pizzas

- ♥ 1 recipe any store bought dough
- ♥ 1-2 teaspoons per pizza Sauce
- ♥ 1 Tablespoon per pizza Mozzarella cheese

Pre-heat oven to 450 degrees.

Roll out pizza dough to desired thickness. Use heart shaped cookie cutters to cut hearts out of the dough. Move each heart to a baking sheet as you cut.

Continue to ball, re-roll and cut hearts out of the dough until it is all used up.

Use the back of a spoon to spread the pizza sauce over the hearts.

Sprinkle the cheese on top of the sauce. Add any other toppings you want.

Bake for 10-15 minutes until the dough is lightly browned on the edges and the cheese melted and bubbly.

Serve immediately. If you have any leftovers, these re-heat great in a toaster oven!





PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

Shape Penguin Winter Craft

Materials needed: paper, scissors, glue or glue stick, and crayons or markers

Draw shapes on a piece of paper. They will need to be different sizes: large triangles, ovals, squares and rectangles for the body; small triangles and hearts for the beak and feet; small triangles for a bowtie or hair bow; small square with a rectangle at the bottom for a hat; long ovals for wings; and small circles for eyes. Color in the shapes and cut them out. Assemble the shapes to look like a penguin and glue the pieces together.

Thanks to Liam and Rebecca for the activity!



Parent Committee

The EHS Parent Committee is an excellent voice for families enrolled in Early Head Start. Any ideas or concerns are taken to the Policy Council monthly. We would like for you to be involved. The meetings occur after the first socialization of each month. Please plan on attending and have your voice heard!



Baby's First Valentine Board Book by [Hinkler Books](#)



Bold photographs coupled with identifying words will spark object recognition and encourage language skills. Children will be delighted by the excitement Valentine's Day holds in store. Ages newborn-3. Find it on Amazon for \$5.99.

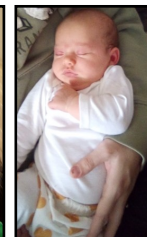
Early Head Start friends!



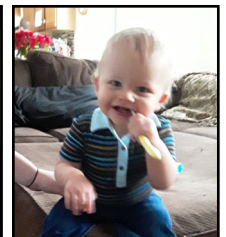
Colson S.



Hunter S.



Ella H.



Nathaniel S.