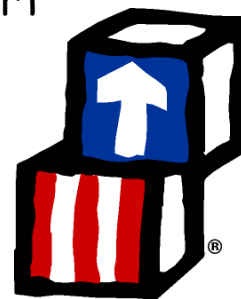




# Family Newsletter



January, 2019

## Important Dates

**January 11:** Socialization, 10:00 -12:00; Policy Council Meeting 12:00; Moxham Lutheran Church.

**January 18:** Socialization, 10:00 -12:00; Moxham Lutheran Church.

## January Birthdays



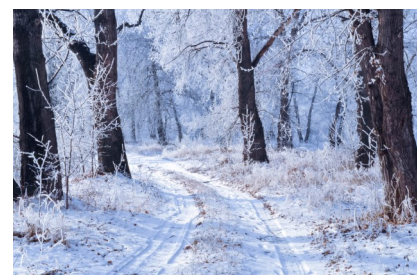
Elora S.	1/2
Princess J.	1/4
William L.	1/7
Miah S.	1/12
Eden C.	1/15
Kanir J.	1/29



## Winter Fun

- \*Play dress up
- \*Have a picnic in the living room
- \*Build a fort indoors
- \*Cooking
- \*Dance!
- \*Build an indoor obstacle course
- \*Have a movie day
- \*Visit the library
- \*Create an indoor treasure hunt
- \*Go to a fast food restaurant play land
- \*Bundle up and go for a walk

\*Fun ideas for you and your children when it is snowing\*



Colson S.



Yadriel R.



Ella H.

## Early Head Start Friends!

## "Warming Tree"

The staff of the Early Head Start Program would like to extend a sincere thank you to the congregation of Moxham Lutheran Church who donated gloves, hats, and scarves to the warming tree! All items were distributed to families in the EHS Program.

**THANK YOU**

## Rattle Noisemaker



Invite children to make these simple noisemakers for cheering on their favorite sports teams.

1. Place a handful of dried beans, rice, clean fish tank gravel, shiny pennies, or colorful beads inside a clean empty plastic bottle.
2. For safety, glue the lid onto the bottle so that it cannot be removed.
3. Decorate with stripes of colored tape or stickers.

## Friendship Salad

- Romaine Lettuce  
Crumbled Feta Cheese  
Craisins  
Chopped Almonds- toast in 350 degree oven until lightly brown.
- \*Put all the above ingredients into salad bowl. Use cheese, craisins, and almonds to taste and preference.

### Balsamic Vinaigrette

- |                 |                      |
|-----------------|----------------------|
| 2 cloves garlic | 1 T Balsamic Vinegar |
| 1 T Honey       | ¼ c olive oil        |
| Salt-dash       |                      |

\*Mix and let rest then pour over salad

Enjoy!

## Weather-Related Closings

PFCS will close if the weather is too dangerous for driving. Also, as with any other issue, if your parent educator needs to cancel a visit she will contact you. A socialization will be canceled if the Greater Johnstown School District has a delay or a cancellation. If you are ever unsure of a visit or socialization, please call the Early Head Start office at 255-6780.



PFCS Early Head Start  
929 Menoher Blvd.  
Johnstown, PA 15905

## Cake Pops

### Step 1: Make the Cake

Pick your favorite cake batter and bake cake according to the directions in a 9X13 pan. Once your cake is done let it cool. Score your cake into 4 parts. Each part will make 12-15 pops. You can freeze the rest of the cake if you only want 12-15 pops.

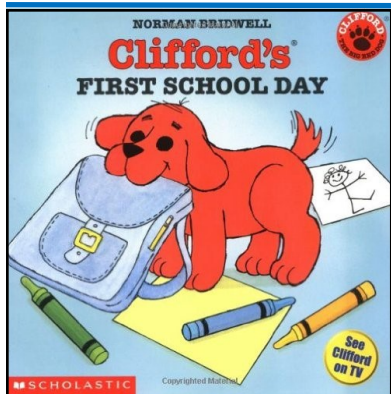
### Step 2: Making the Pops

Cut off the ends of the cake and eat. Break up the remaining cake over a bowl. Let your child help do this! Using a can of frosting, add enough frosting to moisten the cake. Use just enough to roll the cake into balls. Roll the balls and put onto a parchment lined cookie sheet. Refrigerate for at least 4 hours (cover with saran wrap and foil).

### Step 3: Dipping the Pops

Melt candy melts in a bowl. Dip 1/2 inch of the stick in candy, then put a ball on stick. Dip into the candy melt and put on paper to dry. Repeat for each pop. Dry pop on a foam box covered with foil.

Thanks to Kinzlee and McKayla for the fun activity!



### Clifford's First Snow Day

Clifford's first day at school is filled with finger painting, cookie-baking, and other messy adventures that make Clifford more lovable than ever! Buy it on Amazon from \$1.99.

## Frosty the Snowman Activity

### Materials:

- Toilet Paper Rolls
- Old colored socks— those singles that the match was lost in the wash!
- Decorative ribbon (for scarf)
- Googly eyes
- White paint or marker
- Hot glue and hot glue gun or white glue.



### Directions:

1. Paint toilet paper roll white.
2. Allow the paint to dry.
3. Roll sock on top of toilet paper roll.
4. Glue on googly eyes.
5. Draw mouth and nose.
6. Glue ribbon on neck and decorate.

