



Family Newsletter



June 2018

Important Dates

June 1: Socialization, 10:00-12:00, Moxham Lutheran Church.

June 15: Socialization, 10:00-12:00, Policy Council Meeting 12:00pm, Moxham Lutheran Church.

June Birthdays:

Kayah H.	6/04
Charles Ethan K.	6/13
Cindy (Director)	6/18
Briheem B.	6/20
Donovan K.	6/23
Sophia K.	6/24
Brielle B.	6/26
Kahari S.	6/28



Activities for you and your toddler

- **Encourage fine motor development.** Provide your toddler with fat crayons or non-toxic, washable markers, and let him scribble on paper. This will get him interested in and give him practice drawing, coloring, and writing.
- **Spend time outside.** Your toddler will want to run and climb, and the outdoors is a great place for her to do this. Help her climb and play on an age appropriate playground structure. You can also engage your child outdoors by playing with a ball, or introducing her to a bicycle or riding toy that is safe and appropriate for her age and size.
- **Use rhythm and rhyme.** A great way to stimulate your toddler's language development is with rhythmic rhymes. Sit with him on your knees facing you and recite simple rhymes. Don't worry, if you don't know any, you can make them up as you go along! You can also listen to music and hold his hands and dance.
- **Toys and games.** At this age, there are many things your toddler can play with. She will like blocks and toys that can be stacked. She may also like push, pull, and riding toys, such as a miniature stroller or cars and trains. You can also engage her with simple puzzles. She may also like to 'help' you with what you are doing; for example, if you are cooking, give her some pots and pans to play with.
- **Read to your child.** Reading to your child is one of the best gifts you can give him. Pick simple sturdy books with bright pictures and let him help turn the pages while you read the words on each page. Wordless books are also great, and you can make up your own story.



The staff of the Early Head Start Program will be attending the Kids-A-Fair on June 9 at the Trojan Stadium. Come have some fun with us.

Book of the Month Splish, Splash, Baby! (Karen Katz lift the flap books) Board Book

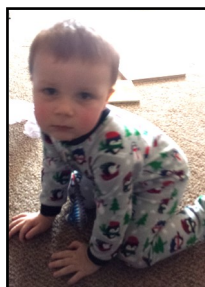
Splish, splash!
It's time for
baby's bath in
this interactive
Karen Katz
lift-the-flap
board book
that's all about
fun in the tub!



You can find it on www.amazon.com for \$6.46!



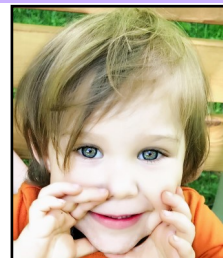
Tandra & Issace H.



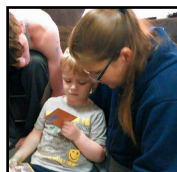
Justin G.



Nathaniel S.



Issace H.



Chance, Cheyenne
& Austin S.



William Y.

*Come have
some
fun with us!*



PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

Planting flowers and learning through senses

Items needed:

Cups, dirt, flower seeds, water, Box, dirt/sand mixture, artificial flowers, small shovels/rakes

This activity will help you and your little one bond through play and engages many of her senses as she plays, helping her to learn. Place the dirt/sand mixture into the box and offer the various tools and artificial flowers to experiment with in the dirt. If she does not know how to use these tools you can model how to hold them and guide her in using them. Allow her to play as long as she is interested and join in the fun!

Encourage your child to help you grow real flowers. Place dirt into the cup, then poke a hole in the dirt with your finger. Offer your child one of the flower seeds and encourage her to drop it into the hole and cover it over with dirt. Repeat this with 3-4 seeds in her cup of dirt. Assist her in watering her plant. A spray bottle is great practice for children to strengthen the muscles that they will need to engage in cutting. You can allow her to water her plant by spraying it and the dirt. Be certain to talk with your child throughout this activity, explaining to her what you are doing and what will happen. Check the plant with your child daily to watch for signs of growth and water when needed. She will be amazed when she sees her very own flower growing!

*This activity is great for boys and girls! Boys love to see plants and flowers grow just as much as little girls do. You can add various trucks and "diggers" to the play as well to engage both boys and girls with extended play! Use your imagination and get creative!



Thanks to Krizia & Abrielys R. for this fun activity!!



Veggie Song

Sung to: "Twinkle, Twinkle Little Star"

Carrots, Peas, and Broccoli,
Vegetables are good for me.
For my snack and in my lunch,
Veggie sticks are great to munch.
Carrots, Peas, and Broccoli, Vegetables are good for me.

Make Animal Puppets

Create puppets from small paper bags to help fill a summer day.

You will need: small paper lunch bags, glue, scraps of colored paper, markers and scissors.

Fold the corners of the bottom of the paper bag under to create your puppet's head. A more pointy head works better to make mice or cats. Cut out ears, eyes, noses, tongues, paws, tiny claws from the colored paper and glue to the paper bags. With markers, draw on any mouths, whiskers, spots or other features you would like your puppet to have. Here are some examples, from www.enchantedlearning.com

