



Family Newsletter



January, 2018

Important Dates

January 5: Socialization, 10:00 - 12:00; Moxham Lutheran Church.

January 19: Socialization, 10:00 - 12:00; Parent Committee Meeting, Policy Council Meeting 12:00; Moxham Lutheran Church.

Winter Fun

- * Play dress up
 - * Have a picnic in the living room
 - * Build a fort indoors
 - * Cooking
 - * Dance!
 - * Build an indoor obstacle course
 - * Have a movie day
 - * Visit the library
 - * Create an indoor treasure hunt
 - * Go to a fast food restaurant play land
 - * Bundle up and go for a walk
- *Fun ideas for you and your children when it is snowing*



January Birthdays!



Elora S. 1/2
 Rahmir G. 1/4
 Ashton H. 1/6
 Mason S. 1/7
 Jodi M.(mom) 1/22

Abrielys R. 1/2
 Ezra V. 1/5
 Braxton H 1/6
 Anna Y. 1/13



Kayah & Heather



Abrielys & Krizia



Gracen & Lisa

"Warming Tree"

The staff of the Early Head Start Program would like to extend a sincere thank you to the congregation of Moxham Lutheran Church who donated gloves, hats, and scarves to the warming tree! All items were distributed to families in the EHS Program.

Early Head Start Friends!



Rattle Noisemaker



Invite children to make these simple noisemakers for cheering on their favorite sports teams.

1. Place a handful of dried beans, rice, clean fish tank gravel, shiny pennies, or colorful beads inside a clean empty plastic bottle.
2. For safety, glue the lid onto the bottle so that it cannot be removed.
3. Decorate with stripes of colored tape or stickers.

Friendship Salad

- Romaine Lettuce
- Crumbled Feta Cheese
- Craisins
- Chopped Almonds- toast in 350 degree oven until lightly brown
- *Put all the above ingredients into salad bowl. Use cheese, craisins, and almonds to taste and preference.

Balsamic Vinaigrette

- 2 cloves garlic
- 1 T Balsamic Vinegar
- 1 T Honey
- ¼ c olive oil
- Salt-dash
- *Mix and let rest then pour over salad

Enjoy!

Weather-Related Closings

PFCS will close if the weather is too dangerous for driving. Also, as with any other issue, if your parent educator needs to cancel a visit she will contact you. A socialization will be cancelled if the Greater Johnstown School District has a delay or a cancellation. If you are ever unsure of a visit time or a socialization, please call the Early Head Start office at 255-6780.



PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905



Thanks to Elizabeth and Renee for this fun activity!

Salt Dough Keepsake

1 part water
1 part salt
2 parts flour
5-8 drops food coloring (optional)
Large mixing bowl
Pour water into bowl. If using food coloring, add now. Add salt and flour. Mix with hands. If sticky, add more flour, a few tablespoons at a time. When dough is a good consistency, make a ball a little smaller than a baseball. Smooth into flat circle. Push child's hand gently into dough to make a handprint. Allow to dry.



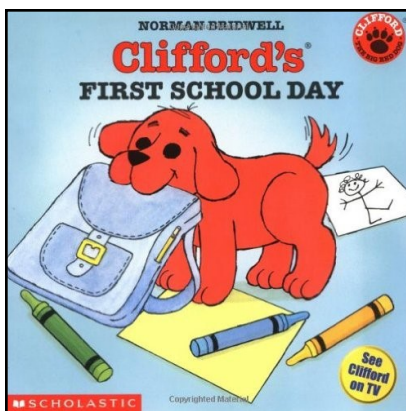
Frosty the Snowman Activity

Materials:

- Toilet Paper Rolls
- Old colored socks— those singles that the match was lost in the wash!
- Decorative ribbon (for scarf)
- Googly eyes
- White paint or marker
- Hot glue and hot glue gun or white glue.

Directions:

1. Paint toilet paper roll white.
2. Allow the paint to dry.
3. Roll sock on top of toilet paper roll.
4. Glue on googly eyes.
5. Draw mouth and nose.
6. Glue ribbon on neck and decorate.



Clifford's First School Day

Clifford's first day at school is filled with finger painting, cookie-baking, and other messy adventures that make Clifford more lovable than ever! Buy it on Amazon from \$1.99.

