



Family Newsletter



January, 2017

Important Dates

January 6: Socialization, 10:00 - 12:00; Policy Council Meeting 12:00; Moxham Lutheran Church.

January 20: Socialization, 10:00 - 12:00; Moxham Lutheran Church.

January Birthdays!



Ashton H. 1/6	Jake S. 1/17
Braxton H. 1/6	Ayanna D. 1/26
Mason S. 1/7	Isabella C. 1/26
Serenity C. 1/11	Cassie Y. (mom) 1/27
Anna Y. 1/13	



Winter Fun

- * Play dress up
- * Have a picnic in the living room
- * Build a fort indoors
- * Cooking
- * Dance!
- * Build an indoor obstacle course
- * Have a movie day
- * Visit the library
- * Create an indoor treasure hunt
- * Go to a fast food restaurant play land
- * Bundle up and go for a walk

Fun ideas for you and your children when it is snowing



Connor H.

Laniah K.

Jake S.

"Warming Tree"

The staff of the Early Head Start Program would like to extend a sincere thank you to the congregation of Moxham Lutheran Church who donated gloves, hats, and scarves to the warming tree! All items were distributed to families in the EHS Program.



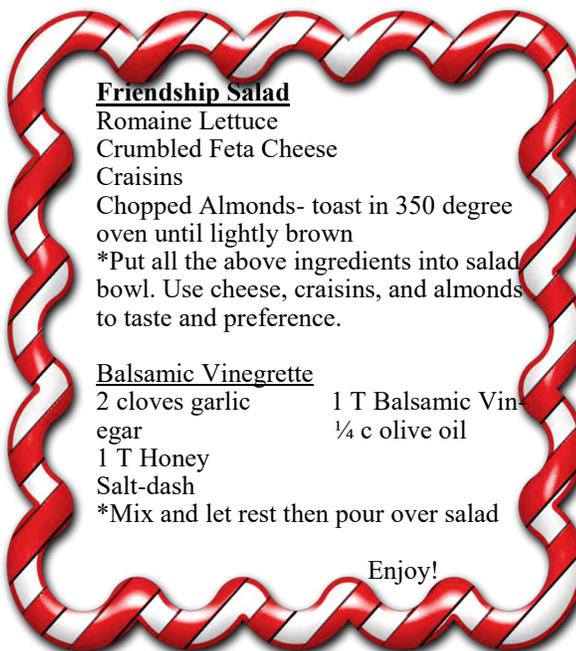
Early Head Start Friends!

Rattle Noisemaker



Invite children to make these simple noisemakers for cheering on their favorite sports teams.

1. Place a handful of dried beans, rice, clean fish tank gravel, shiny pennies, or colorful beads inside a clean empty plastic bottle.
2. For safety, glue the lid onto the bottle so that it cannot be removed.
3. Decorate with stripes of colored tape or stickers.



Friendship Salad

Romaine Lettuce
 Crumbled Feta Cheese
 Craisins
 Chopped Almonds- toast in 350 degree oven until lightly brown
 *Put all the above ingredients into salad bowl. Use cheese, craisins, and almonds to taste and preference.

Balsamic Vinaigrette

2 cloves garlic 1 T Balsamic Vinegar
 1 T Honey ¼ c olive oil
 Salt-dash
 *Mix and let rest then pour over salad

Enjoy!

Weather-Related Closings

PFCS will close if the weather is too dangerous for driving. Also, as with any other issue, if your parent educator needs to cancel a visit she will contact you. A socialization will be cancelled if the Greater Johnstown School District has a delay or a cancellation. If you are ever unsure of a visit or socialization, please call the Early Head Start office at 255-6780.



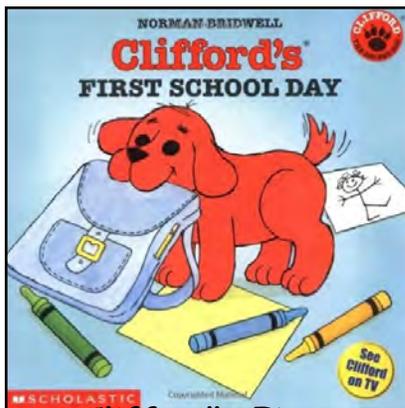
PFCS Early Head Start
929 Menoher Blvd.
Johnstown, PA 15905

Stained Glass Coffee Filters

Gather supplies: coffee filters, medicine dropper, washable markers, small container of water. (Have paper towels on hand for quick clean up). Have your child use different colored markers to scribble on coffee filter. Have your child use medicine dropper to moisten colored filter. (This is great for fine motor development!) Allow filter to dry, then hang in window. Mixed colors will resemble stained glass.

Thanks to Zachary D. & family for help demonstrating this fun activity!

FAMILY FUN CORNER!



Clifford's First Snow Day

Clifford's first day at school is filled with finger painting, cookie-baking, and other messy adventures that make Clifford more lovable than ever! Buy it on Amazon from \$1.99.

Frosty the Snowman Activity

Materials:

- Toilet Paper Rolls
- Old colored socks— those singles that the match was lost in the wash!
- Decorative ribbon (for scarf)
- Googly eyes
- White paint or marker
- Hot glue and hot glue gun or white glue.



Directions:

1. Paint toilet paper roll white.
2. Allow the paint to dry.
3. Roll sock on top of toilet paper roll.
4. Glue on googly eyes.
5. Draw mouth and nose.
6. Glue ribbon on neck and decorate.

